



LEGACY HOUSE

Avondale

2635 N Dysart Road • Avondale, AZ 85392

Meet Your Management Team

- Executive Director- Carol Mazza
- Wellness Nurse- Athena Anderson
- Wellness Nurse - Mariah Crawford
- Marketing Director- Jennifer Eldredge
- Maintenance Director- Isidor Grant
- Food Service Director- William Torres
- Activities Director- Amy Heusted

Welcome New Residents

- Phyllis O.
- Milton K.
- Linda K.
- Norma W.

Happy Birthday

- 14 Kim W.
- 16 Delia R.
- 27 Tony G.

Upcoming Events

- 4th Holiday Light Drive
- 7th Community Holiday Party
- 8th AAEC Holiday Play
- 12th Holiday Light Drive
- 13th Family Holiday Dinner
- 13th Horse Drawn Carriage Ride
- 17th Short and Sweet Holiday Show
- 20th Christmas Carolers
- 28th New Years Eve Social Hour



December 2018



Festive Flower

Sporting solid and speckled colors of red, burgundy, pink and white, poinsettias can be seen just about everywhere this time of year. In fact, they're the top-selling potted plant in the U.S. The poinsettia's showy colored "petals" are actually the plant's leaves and are called bracts. The true flowers are the tiny yellow buds at the center of the bracts.

Wreaths Across America

Every year on the third Saturday in December, the sacrifice of U.S. veterans is remembered and honored on Wreaths Across America Day. Wreaths are placed at veterans' graves at Arlington National Cemetery and more than 1,400 locations in all 50 states and abroad.

Avoid This to Stay Healthy

Doctors say habits such as rubbing your eyes and scratching your nose can increase your risk of catching a cold or the flu. Because your hands can transfer viruses into your body by way of the eyes, nostrils and mouth, avoid touching your face.



December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		* Requires Sign up in Transportation Book Located at the front desk TBD Interest will determine occurrence				1 11:00 Praise and Worship - MPR 1:00 Movie Matinee -T 2:00 Card Games- CR 6:00 Movie -T
2 1:00 Movie Matinee -T 6:00 Movie -T	3 9:30 Sit and Be Fit MPR 10:00 Chef's Chat 10:30 Morning Walk 2:00 Bingo -ACR 6:00 Movie -T	4 9:30 Sit and Be Fit MPR 10:00 Brunch & Learn 12:00 Birthday Lunch - PDR 2:00 Creativity Hour- ACR 6:00 Holiday Light Drive* 6:00 Movie -T	5 9:30 Catholic Communion -T 9:30 Sit and Be Fit MPR 10:30 Shopping at Fry's * 2:00 Documentary -T 6:00 Movie -T	6 9:30 Sit and Be Fit MPR 10:00 Coffee & Crochet - ACR 12:00 Wheel of Fortune - ACR 2:00 Bingo -ACR 6:00 Movie -T	7 8:00 Outing to Casino * 9:30 Sit and Be Fit MPR 11:00 Errands: ex. Walgreens, CVS, Target 99 cents only * 12:00 Community Holiday Party 1:00 Music with Ronnie Lee 6:00 Movie -T	8 10:00 AAEC Holiday Play - MPR 1:00 Movie Matinee -T 2:00 Card Games- CR 6:00 Movie -T
9 1:00 Movie Matinee -T 6:00 Movie -T	10 9:30 Sit and Be Fit MPR 10:30 Morning Walk 2:00 Bingo -ACR 6:00 Movie -T	11 9:30 Sit and Be Fit MPR 10:30 Coffee Connection - B 12:00 Romeo Lunch 2:00 Creativity Hour- ACR 6:00 Movie -T	12 9:30 Catholic Communion -T 9:30 Sit and Be Fit MPR 10:30 Shopping at Fry's * 2:00 Wii-R-Golfing 6:00 Holiday Light Drive* 6:00 Movie -T	13 9:30 Sit and Be Fit MPR 10:00 Coffee & Crochet - ACR 10:30 Out to Library * 12:00 Trivia Games - ACR 2:00 Bingo -ACR 5:00 Family Holiday Dinner	14 9:30 Sit and Be Fit MPR 11:00 Wii Bowling -MPR 11:00 Errands: ex. Walgreens, CVS, Target 99 cents only * 2:00 Social Hour Christmas Carols 6:00 Movie -T 7:00 Nutcracker Ballet* TBD	15 11:00 Praise and Worship - MPR 1:00 Movie Matinee -T 2:00 Card Games- CR 6:00 Movie -T
16 1:00 Movie Matinee -T 6:00 Movie -T	17 9:30 Sit and Be Fit MPR 10:00 Activities Meeting- T 10:30 Morning Walk 2:00 Bingo -ACR 3:00 Short & Sweet Holiday Show -MPR 6:00 Movie -T	18 9:30 Sit and Be Fit MPR 10:30 Coffee Connection - B 2:00 Community Craft- ACR 6:00 Movie -T	19 9:30 Sit and Be Fit MPR 9:30 Catholic Communion -T 10:30 Shopping at Fry's * 2:00 Documentary -T 6:00 Movie -T	20 9:30 Sit and Be Fit MPR 10:00 Coffee & Crochet - ACR 12:00 Wheel of Fortune - ACR 2:00 Bingo -ACR 6:00 Movie -T	21 9:30 Sit and Be Fit MPR 11:00 Errands: ex. Walgreens, CVS, Target 99 cents only * 11:00 Wii Bowling -MPR 2:00 Social Hour w/ Matt Dillon 6:00 Movie -T	22 11:00 Praise and Worship - MPR 1:00 Movie Matinee -T 2:00 Card Games- CR 3:00 A Christmas Carol (Peoria Theater) * TBD 6:00 Movie -T
23 1:00 Movie Matinee -T 6:00 Movie -T	24 Christmas Eve 9:30 Sit and Be Fit MPR 10:30 Morning Walk 2:00 Bingo -ACR 6:00 Movie -T	25 Christmas Day 1:00 Movie Matinee -T 6:00 Movie -T	26 9:30 Sit and Be Fit MPR 9:30 Catholic Communion -T 10:30 Shopping at Fry's * 1:00 Dementia Support Group -T 2:00 Wii-R-Golfing 6:00 Movie -T	27 9:30 Sit and Be Fit MPR 10:00 Coffee & Crochet - ACR 10:30 Out to Library * 12:00 Trivia Games - ACR 2:00 Bingo -ACR 6:00 Movie -T	28 9:30 Sit and Be Fit MPR 11:00 Errands: ex. Walgreens, CVS, Target 99 cents only * 11:00 Wii Bowling -MPR 2:00 New Years Eve Social Hour w/ Patrick McNally 6:00 Movie -T	29 11:00 Praise and Worship - MPR 1:00 Movie Matinee -T 2:00 Card Games- CR 6:00 Movie -T
30 1:00 Movie Matinee -T 6:00 Movie -T	31 New Years Eve 9:30 Sit and Be Fit MPR 10:30 Morning Walk 2:00 Bingo -ACR 6:00 Movie -T					



"Then & Now"

Setting Up Shop

The first department stores in the 1800s changed the way people purchased goods by offering one-stop shopping for clothing, furniture, toys and more. Browse through this list of retailers and see when they first opened for business.

<u>Year</u>	<u>Retailer</u>
1858	Macy's
1879	Woolworth
1893	Sears
1899	S.S. Kresge Co./Kmart
1902	JCPenney
1927	Ben Franklin
1955	Dollar General
1962	Walmart, Target, Kohl's
1976	T.J. Maxx
1983	Costco, Sam's Club
1986	Dollar Tree
1994	Amazon.com

"This Month In History"

DECEMBER

1907: On New Year's Eve, a ball decorated with 100 lightbulbs is lowered down a flagpole over New York City's Times Square. The ball drop has been featured in the annual celebration ever since.

1918: In the first official visit by a U.S. president to Europe, Woodrow Wilson travels to France for World War I peace negotiations.

1924: Astronomer Edwin Hubble announces his discovery of the existence of galaxies outside the Milky Way. The Hubble Space Telescope was named in his honor.

1941: America enters World War II after the Japanese attack on Pearl Harbor, Hawaii.

1962: The first observance of Kwanzaa takes place in Los Angeles. The seven-day holiday celebrates African heritage.

1970: Congress authorizes the creation of a new dollar coin depicting President Dwight D. Eisenhower.

1982: Gabriel Garcia Marquez is awarded the Nobel Prize in

literature. The Colombian writer is best known for his 1967 novel "One Hundred Years of Solitude."

1990: British computer scientist Tim Berners-Lee demonstrates his information-sharing system that would become the World Wide Web.

2001: Italy's Leaning Tower of Pisa reopens to the public after 11 years and \$27 million in work to fortify its famous lean.

2017: "Star Wars: The Last Jedi," the eighth installment in the space fantasy series, premieres. The film's \$1 billion in ticket sales made it the year's highest-grossing film.